

# Rx Spanish: Language and Culture for the Clinical and Community Pharmacist

Want to better communicate with your Spanish-speaking patients and better treat chronic conditions such as diabetes? If yes, this ACPE program is for you!

**\*\*This course is intended for pharmacists with intermediate Spanish speaking skills who serve Spanish-speaking patients. The course will add to your Spanish toolkit and aid in your Spanish communication skills. The course is not designed to be a complete Spanish course. Grammar and extensive vocabulary and conjugation rules will not be discussed.\*\***



## Cultural Competency When Caring for Latino Patients: Beyond the Language

Rodrigo Burgos, PharmD  
Clinical Pharmacist/Clinical Assistant Professor  
HIV Residency (PGY-2) Co-Director/HIV Residency (PGY-3) Director  
University of Illinois at Chicago College of Pharmacy  
ACPE UAN: # 0016-0000-19-028-H04-P, 1.0 contact hour (0.1 CEUs), A Knowledge-Based Activity

### Learning Objectives:

- Describe the Hispanic Paradox in the United States, including possible explanations for this paradox
- List specific health status advantages and disadvantages of Latinos in the United States
- Identify common symptoms, syndromes, healing modalities and herbs that may be encountered by a pharmacist when caring for Hispanic patients
- Identify cultural values that may assist in better communication with Latino patients
- Describe the LEARN and Teach-Back techniques when interacting with patients

## Pharmacy Basics for Emergent Spanish Speakers

Jewel Younge, PharmD  
Clinical Pharmacist/Clinical Assistant Professor  
University of Illinois at Chicago College of Pharmacy  
ACPE UAN# 0016-0000-19-025-H04-P, 1.0 contact hour (0.1 CEUs), An Application-Based Activity

### Learning Objectives:

- Translate basic pharmacy questions from Spanish into English in order to resolve common reasons for prescriptions being held at pick-up
- Interpret key words and phrases within a Spanish language conversation in order to determine the patient’s needs and/or the need for a Spanish/English translator, if necessary
- Employ Spanish vocabulary to slow the flow of a conversation, ask patients for ‘the best’ word, and/or inform the patient that the pharmacist would like to utilize appropriate translation services



## Spanish Nutrition & Lifestyle Modifications

Christina Maria Carrizales Cortez, PharmD  
Clinical Pharmacist/Clinical Instructor  
University of Illinois at Chicago College of Pharmacy  
ACPE UAN# 0016-0000-19-034-H04-P, 1.0 contact hour (0.1 CEUs), A Knowledge-Based Activity

### Learning Objectives:

- Recognize the role that language-concordant pharmacists can play in helping Spanish-speaking patients
- Describe a nutrition label in Spanish with regard to common ethnic LatinX foods
- Restate nutrition and life-style modification phrases in Spanish for better communication with Spanish-speaking patients

## Diabetes Management for Spanish Speaking Patients

Nazia Babul, PharmD, BCACP  
Clinical Pharmacist/Clinical Assistant Professor  
University of Illinois at Chicago College of Pharmacy  
ACPE UAN# 0016-0000-19-027-H01-P, 1.0 contact hour (0.1 CEUs), A Knowledge-Based Activity

### Learning Objectives:

- Discuss Spanish vocabulary words used when counseling patients about Type 2 Diabetes
- Identify the pharmacotherapy treatment options used in diabetes management using Spanish
- Explain lifestyle modification recommendations for diabetes management using Spanish



## Bridging the gap for your Spanish speaking patients: a review of over the counter (OTC) medications

Marianne Pop, PharmD, BCPS  
Clinical Pharmacist/Clinical Assistant Professor  
University of Illinois at Chicago College of Pharmacy  
ACPE UAN #0016-0000-19-026-H04-P, 1.0 contact hour (0.1 CEUs), A Knowledge-Based Activity

### Learning Objectives:

- Explain cultural beliefs, perceptions, and gaps in health literacy in the Hispanic patient population regarding over the counter medications
- Discuss common Spanish vocabulary used in OTC medication interactions and discussions
- Identify the common pharmacotherapy OTC treatment options in Spanish

### Disclosure (s):

All speakers, members of the CE advisory committee, and planning committee who contributed to this activity have no actual or potential conflicts of interest

### How to Earn Credit:

Participants must complete the activity as described below in the Continuing Education Statement. To answer the questions, click on your selected choice for each answer then proceed to the next question. We recommend that you print a copy of your answers before you submit them to us. Once completed, click on “Next”, then click on “Submit All and Finish” at the bottom of the page. Your post-test will automatically be graded. If you successfully complete the post-test (score of 70% or higher), a confirmation section will appear with your CE information, and you will have a chance to review the correct answers. If you receive a score lower than 70%, you will receive a message notifying you that you did not pass the post-test. You will have 2 additional opportunities to pass the post-test and receive credit.

### Provider Contact Information:

For general information please call the Office of Continuing Education and Meeting Services toll-free at (866) PHARM-CE (866-742-7623) or send an e-mail to: [pharmce@uic.edu](mailto:pharmce@uic.edu). Copyright © 2020 – The Board of Trustees of the University of Illinois. All rights reserved. Reproduction in whole or in part without permission is prohibited. Privacy Policy

### Type of Activity:

Knowledge and Application-Based  
Homestudy CE program

### Target Audience:

Pharmacists with intermediate  
Spanish Speaking Skills

### Fee:

\$10 per individual  
or \$40 for all five courses

### Initial Release Date:

March 25, 2020

### Expiration Date:

March 25, 2022

### Hardware Requirements:

Visit [https://  
pharmacyce.uic.edu/  
moodle/](https://pharmacyce.uic.edu/moodle/)

Click [here](#) for more information



The University of Illinois at Chicago College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. Pharmacists have the opportunity to earn a maximum of 5.0 contact hours (0.5 CEUs) for participating in all knowledge-based and application-based activities after completing this homestudy. Reading the learning objectives and faculty disclosures; participating in the entire knowledge-based and application activities, completing the active learning activity, post-test (minimum score of 70% required; may be taken up to 3 times) and activity evaluation; estimating duration of time spent on the activity; and submitting NABP eProfile ID and MMDD are pre-requisites for receiving continuing pharmacy education credits. All ACPE credit awarded to participants must be uploaded to CPE Monitor™ within 30 days of the activity date, so pharmacists are required to provide their e-Profile ID and date of birth (MMDD) at the time of the activity. Please contact [pharmce@uic.edu](mailto:pharmce@uic.edu) if you do not see activity information listed within 30 days. For more information and to set up your e-Profile visit: [www.MyCPEmonitor.net](http://www.MyCPEmonitor.net).