

## It's Quitting Time: A Guide to Smoking Cessation Treatment

**How to participate in the activity:** To register for this activity, participants can click the link [HERE](#) to request a specific time and date for the academic detailing visit.

**Target Audience:** Pharmacists

**Type of Activity:** Knowledge

**Release Date:** February 17, 2026

**Expiration Date:** February 17, 2028

**Estimated time to complete activity:** 1.0 contact hours (1.0 CEUs)

**Fee:** Free

### Learning Objectives:

- Describe the 5A's of smoking cessation
- Describe the effectiveness of combining drug therapy and behavioral therapy
- Identify the place in therapy and benefits of using varenicline compared to bupropion and NRT

**Speakers/Disclosures:** For a list of potential speakers and disclosures, please visit [Academic Detailers/Disclosures](#)

### How to Earn Credit:

Participants must complete the activity as described in the Continuing Education Statement by attending the entire academic detailing session, completing a post-test, and successfully submitting an activity evaluation. The uploading of CPE credits to CPE Monitor will be issued after all requirements as described are completed.

**Hardware/Software and Internet Requirements** can be found at <https://ce.pharmacy.uic.edu/online-activities/requirements/>

### Pharmacy Continuing Education Statement



The University of Illinois Chicago Retzky College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This activity has been assigned an ACPE Universal Activity Number, **0016-0000-26-014-H01-P**, which grants 1.0 contact hours (1.0 CEUs) per CE course. Reading the learning objectives and faculty disclosures; participating in the entire knowledge-based activity, active learning activity, post-test, and activity evaluation; and submitting NABP eProfile ID and MMDD are prerequisites for receiving continuing pharmacy education credits. All ACPE credit awarded to participants must be uploaded to CPE Monitor™ within 30 days of the activity date. Pharmacists are required to provide their eProfile ID and date of birth (MMDD) at the time of the activity. Please contact [pharmce@uic.edu](mailto:pharmce@uic.edu) if you do not see activity information listed within 30 days. For more information and to set up your e-Profile visit: [National Association of Boards of Pharmacy – CPE Monitor](#)